

## **KEREN MACHIPANDA**

20680 Pumula South

Bulawayo, Zimbabwe

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### **PROFESSIONAL SUMMARY**

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A calm and patient health care assistant with three months expertise and skills in training to safely support patients with mobility, hygiene, cleaning, comfort and safety needs in any environment. I have experience with tailored patient care, helping patients to move around, monitoring vitals to provide outstanding care to meet all aspects of their care needs and their emotional wellbeing. A committed health care assistant who is competent in providing patient safety, compassion, dignity and ensuring confidentiality whilst treating every patient with respect.

### **KEY SKILLS**

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- Comfortable with working with others as part of a team
- Able to work under pressure
- Dressing of wounds
- Monitoring vital signs
- Ensuring patient safety
- Complying with hygienic and infection control procedures
- Monitoring and recording observations
- Personal care and dressing of patients

### **PROFESSIONAL EXPERIENCE**

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HEALTH CARE ASSISTANT | M& G SURGICAL PARTNERS | JUNE 2023 – SEPTEMBER 2023

#### Responsibilities

- Assisted in performing Colonoscopy and Oesophagegastro duodenoscopy procedures to check for cancers, tumors, inflammation, gastritis, stomach ulcers
- Dressing of patients to ensure recovery of patients
- Inputting patients information in the patient data base to ensure records are stored and not lost
- Recording of patient procedures during the colonoscopy and Ogd to be used for patient review procedures
- Housekeeping to ensure a healthy, safe and clean environment for both patients and work colleagues
- Delivered quality health care support including ordering medical supplies, preparing clients for colonoscopy and OGD procedures.

## HEALTH CARE ASSISTANT FOR GRANDMOTHER JEAN MLANDU | AUGUST 2022 TO NOVEMBER 2022

Outline: Provided care to Jean Mlandu (Grandmother) following her diagnosis with Dementia. Responsibilities included personal care, medication management and housekeeping

### Responsibilities

- Assisted with personal care including supporting her to use the bathroom, shower, toilet
- Assisted with oral care
- Spent social time with Jean Mlandu
- Assisted with bed making and changing of sheets
- Assisted with preparing healthy and nutritious meals and promoting healthy choices where possible

## EDUCATIONAL QUALIFICATION

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March 2023 –June 2023	: <b>Ocean Bird Foundation College</b> Certified Nurse Assistant, Bulawayo, Zimbabwe
January 2023	: <b>Florence Academy</b> Dementia Level 1, Duty of Care, Equality and Diversity, Understanding your role
August 2016 -September 2020	: <b>NATIONAL UNIVERSITY OF SCIENCE AND TECHNOLOGY</b> Bachelor of Commerce Honors Degree in Accounting

## FURTHER DETAILS

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IT SKILLS	: Microsoft Word, Microsoft Excel, Microsoft Power point
DRIVING	: Clean driving license
AVAILABILITY	: Available immediately and willing to work flexibly

## REFERENCES

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DR B. M GWANDA	DR T. T MUKOSERA
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